

Proud to be serving lunches every MONDAY @
NORTHERN LIGHTS P.S.

Lunch service begins on Monday, September 11th

Kids Kitchen is prepared and ready to assist with
the safe and healthy implementation of your
school's hot lunch program



SAFETY
FIRST



NUT FREE
ALLERGY
AWARE



GRAB & GO



VEGETARIAN,
GLUTEN FREE &
ALLERGY OPTIONS

SAMPLE MENU

Entrees

Macaroni & Cheese
Beef Soft Taco
Bean Soft Taco
Pancakes with Turkey
Sausage
Pasta with Meat
Sauce (GF)
Pasta with Tomato
Sauce (GF)
Tuna Salad Sandwich
on a Kaiser
Chicken Fingers with
Rice (GF)
Beef Burger (H)
Chicken Burger (H)
Veggie Burger

Side Items

Chicken Fingers
(2 pcs) (GF)
Baked Potato with
Sour Cream
Garden Salad with
Ranch Dressing
Steamed Veggies
Edamame (shelled)
Cucumber Slices
Veggies & Dip
Perogies (4 pcs)
Garlic Bread
2% or Chocolate Milk
Various Fruit Juices
(100% juice)

Snacks & Desserts

Fresh Apple
Fresh Pear
Fresh Orange Wedges
Diced Fruit
Yogurt Cup
Chocolate Chip Cookie
Kettle Popcorn
Fresh Fruit of the Season
Fudgy Brownie
Banana or Carrot Muffin

(GF) Gluten-friendly also available

(H) Halal also available

Not all options are available in all
locations. Please check online to see
the options at your school.

DELIVERING GOOD, REAL FOOD TO KIDS AT SCHOOL

Our commitment is to
provide nutritious, delicious,
"home-cooked" meals with
simple ingredients that you'd
find in your own kitchen.

SPECIAL DIETARY NEEDS?

No problem! We're here for
you. Speak with us on how
we can accommodate your
child.

ORDER ONLINE

Visit www.kidskitchen.ca to
see your school's menu,
specials and for fast,
secure, online ordering.



SEE YOUR SCHOOL'S
MENU ONLINE

Need Help with your order?

905-944-0210 (M to F 8:30am-2pm) or email us:
information@kidskitchen.ca

